



# 41. Oster-Ilsetalllauf

Ilsenburg / 30.03.2024

## Detailed evaluation

**Christoph Weber**

Club: Team Weber  
Number: 350

Course: 8.70 km  
8,7 km - Lauf

Category:  
Senioren M50 (50-54)

Total time: 1:05:18

Speed: 7.35 km/h  
Running performance: 7:30 min/km

Rank in course/Total: 112 (of 124)

Rank in course/Men: 66 (of 69)

Best time in course: 30:04

Rank in category: 7(of 7)

Best time in the category: 39:34

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	29:59	7:29	7	11:17	65	15:31	4.00	29:59	7:29	7	11:17	65	15:31
Ilsenburg/Markt	4.70	35:19	7:30	7	14:27	66	19:43	8.70	1:05:18	7:30	7	25:44	66	35:14