



# 41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

## Detailed evaluation

### Hans-Eugen Fleig

Club: Harz-Gebirgslauf Wernigerode  
Number: 251

Course: 8.70 km  
8,7 km - Lauf

Category:  
Senioren M65 (65-69)

Total time: 54:01

Speed: 8.89 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 78 (of 124)

Rank in course/Men: 57 (of 69)

Best time in course: 30:04

Rank in category: 1(of 1)

Best time in the category: 54:01

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	26:21	6:35	1	-	56	11:53	4.00	26:21	6:35	1	-	56	11:53
Ilseburg/Markt	4.70	27:40	5:53	1	-	56	12:04	8.70	54:01	6:12	1	-	57	23:57