



# 41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

## Detailed evaluation

Juliane Khaze

Number: 276

Course: 8.70 km

8,7 km - Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 51:25

Speed: 10.15 km/h

Running performance: 5:54 min/km

Rank in course/Total: 65 (of 124)

Rank in course/Women: 16 (of 55)

Best time in course: 39:08

Rank in category: 2(of 4)

Best time in the category: 50:17

### Intermediate times

### Stage score

### Total ranking

| Control           | Split | Split | Split  | Pos  | Behind | Pos   | Behind | Total | Total | Total  | Pos  | Behind | Pos   | Behind |
|-------------------|-------|-------|--------|------|--------|-------|--------|-------|-------|--------|------|--------|-------|--------|
|                   | km    | Time  | min/km | Cat. | Cat.   | Women | Women  | km    | Time  | min/km | Cat. | Cat.   | Women | Women  |
| Abzweig Tännental | 4.00  | 24:53 | 6:13   | 2    | 0:19   | 16    | 5:58   | 4.00  | 24:53 | 6:13   | 2    | 0:19   | 16    | 5:58   |
| Ilseburg/Markt    | 4.70  | 26:32 | 5:38   | 2    | 0:49   | 19    | 6:19   | 8.70  | 51:25 | 5:54   | 2    | 1:08   | 16    | 12:17  |