



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Leonard Berg

Club: Grundschule Darlingerode
Number: 379

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U8 (-8)

Total time: 10:24

Speed: 5.77 km/h
Running performance: 6:07 min/km

Rank in course/Total: 61 (of 71)

Rank in course/Men: 33 (of 38)

Best time in course: 7:50

Rank in category: 4(of 8)

Best time in the category: 8:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	5:12	6:07	4	1:10	34	2:06	0.85	5:12	6:07	4	1:10	34	2:06
Ilseburg/Markt	0.85	5:12	6:07	4	0:59	33	1:26	1.70	10:24	6:07	4	2:08	33	2:34