



41. Oster-Ilsetalllauf
Ilseburg / 30.03.2024

Detailed evaluation

Anne Kinner

Number: 279

Course: 8.70 km

8,7 km - Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 52:05

Speed: 9.22 km/h

Running performance: 5:59 min/km

Rank in course/Total: 70 (of 124)

Rank in course/Women: 18 (of 55)

Best time in course: 39:08

Rank in category: 6(of 13)

Best time in the category: 40:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Abzweig Tännental | 4.00 | 25:38 | 6:24 | 6 | 6:16 | 18 | 6:43 | 4.00 | 25:38 | 6:24 | 6 | 6:16 | 18 | 6:43 |
| Ilseburg/Markt | 4.70 | 26:27 | 5:37 | 6 | 5:16 | 18 | 6:14 | 8.70 | 52:05 | 5:59 | 6 | 11:32 | 18 | 12:57 |