



# 41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

## Detailed evaluation

Anne Kinner

Number: 279

Course: 8.70 km

8,7 km - Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 52:05

Speed: 9.22 km/h

Running performance: 5:59 min/km

Rank in course/Total: 70 (of 124)

Rank in course/Women: 18 (of 55)

Best time in course: 39:08

Rank in category: 6(of 13)

Best time in the category: 40:33

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Abzweig Tännental	4.00	25:38	6:24	6	6:16	18	6:43	4.00	25:38	6:24	6	6:16	18	6:43
Ilseburg/Markt	4.70	26:27	5:37	6	5:16	18	6:14	8.70	52:05	5:59	6	11:32	18	12:57