



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Niklas Weber

Club: Grundschule Darlingerode
Number: 459

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U8 (-8)

Total time: 10:50

Speed: 9.42 km/h
Running performance: 6:22 min/km

Rank in course/Total: 63 (of 71)

Rank in course/Men: 34 (of 38)

Best time in course: 7:50

Rank in category: 5(of 8)

Best time in the category: 8:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	5:38	6:37	6	1:36	36	2:32	0.85	5:38	6:37	6	1:36	36	2:32
Ilseburg/Markt	0.85	5:12	6:07	4	0:59	33	1:26	1.70	10:50	6:22	5	2:34	34	3:00