



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Petra Klemmer

Club: LC RON-HILL Berlin
Number: 282

Course: 8.70 km
8,7 km - Lauf

Category:
Seniorinnen W50 (50-54)

Total time: 1:08:59

Speed: 7.57 km/h
Running performance: 7:55 min/km

Rank in course/Total: 116 (of 124)

Rank in course/Women: 50 (of 55)

Best time in course: 39:08

Rank in category: 3(of 3)

Best time in the category: 57:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	33:22	8:20	3	6:14	50	14:27	4.00	33:22	8:20	3	6:14	50	14:27
Ilseburg/Markt	4.70	35:37	7:34	3	4:46	50	15:24	8.70	1:08:59	7:55	3	11:00	50	29:51