



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Leo Querfurth

Club: Grundschule Darlingerode
Number: 443

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U8 (-8)

Total time: 10:59

Speed: 5.46 km/h
Running performance: 6:27 min/km

Rank in course/Total: 67 (of 71)

Rank in course/Men: 35 (of 38)

Best time in course: 7:50

Rank in category: 6(of 8)

Best time in the category: 8:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	5:28	6:25	5	1:26	35	2:22	0.85	5:28	6:25	5	1:26	35	2:22
Ilseburg/Markt	0.85	5:31	6:29	6	1:18	35	1:45	1.70	10:59	6:27	6	2:43	35	3:09