



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Petra Klaue

Club: Grundschule Darlingerode
Number: 362

Course: 8.70 km
8,7 km - Lauf

Category:
Seniorinnen W60 (60-64)

Total time: 1:10:38

Speed: 6.80 km/h
Running performance: 8:07 min/km

Rank in course/Total: 120 (of 124)

Rank in course/Women: 54 (of 55)

Best time in course: 39:08

Rank in category: 3(of 3)

Best time in the category: 58:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännatal	4.00	33:43	8:25	3	5:27	51	14:48	4.00	33:43	8:25	3	5:27	51	14:48
Ilseburg/Markt	4.70	36:55	7:51	3	6:53	54	16:42	8.70	1:10:38	8:07	3	12:20	54	31:30