



# 41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

## Detailed evaluation

**Melina Holland**

Club: Nsv Wernigerode  
Number: 270

Course: 8.70 km  
8,7 km - Lauf

Category:  
weibliche Jugend U20 (18-19)

Total time: 40:47

Speed: 11.77 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 21 (of 124)

Rank in course/Women: 3 (of 55)

Best time in course: 39:08

Rank in category: 1(of 2)

Best time in the category: 40:47

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	19:01	4:45	1	-	2	0:06	4.00	19:01	4:45	1	-	2	0:06
Ilseburg/Markt	4.70	21:46	4:37	1	-	4	1:33	8.70	40:47	4:41	1	-	3	1:39