



# 41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

## Detailed evaluation

**Jakob Eyermann**

Club: Brockenlaufverein  
Number: 50

Course: 16.50 km  
16,5 km - Lauf

Category:  
Männer (20-29) A

Total time: 1:26:08

Speed: 11.49 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 53 (of 198)

Rank in course/Men: 50 (of 144)

Best time in course: 1:02:25

Rank in category: 7(of 18)

Best time in the category: 1:05:10

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	21:11	5:17	7	5:40	59	5:57	4.00	21:11	5:17	7	5:40	59	5:57
Plessenburg	3.00	23:43	7:54	7	6:32	51	6:41	7.00	44:54	6:24	7	12:12	53	12:38
Abzweig rote Brü	3.00	17:00	5:40	7	3:45	48	4:37	10.00	1:01:54	6:11	7	15:57	53	17:15
Ilseburg/Markt	6.50	24:14	3:43	6	5:33	49	6:28	16.50	1:26:08	5:13	7	20:58	50	23:43