



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Andre Fuchs

Club: Laufgruppe Fuchs Halberstadt
Number: 58

Course: 16.50 km
16,5 km - Lauf

Category:
Männer (20-29) A

Total time: 1:35:16

Speed: 10.39 km/h
Running performance: 5:46 min/km

Rank in course/Total: 102 (of 198)

Rank in course/Men: 82 (of 144)

Best time in course: 1:02:25

Rank in category: 11(of 18)

Best time in the category: 1:05:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännental	4.00	21:33	5:23	8	6:02	66	6:19	4.00	21:33	5:23	8	6:02	66	6:19
Plessenburg	3.00	26:25	8:48	11	9:14	85	9:23	7.00	47:58	6:51	10	15:16	76	15:42
Abzweig rote Brü	3.00	18:54	6:17	11	5:39	81	6:31	10.00	1:06:52	6:41	10	20:55	77	22:13
Ilseburg/Markt	6.50	28:24	4:22	12	9:43	108	10:38	16.50	1:35:16	5:46	11	30:06	82	32:51