



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Mathis Fabricius

Number: 51

Course: 16.50 km
16,5 km - Lauf

Category:
Männer (20-29) A

Total time: 1:52:50

Speed: 8.77 km/h

Running performance: 6:50 min/km

Rank in course/Total: 164 (of 198)

Rank in course/Men: 125 (of 144)

Best time in course: 1:02:25

Rank in category: 14(of 18)

Best time in the category: 1:05:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännental	4.00	25:50	6:27	13	10:19	112	10:36	4.00	25:50	6:27	13	10:19	112	10:36
Plessenburg	3.00	29:47	9:55	14	12:36	113	12:45	7.00	55:37	7:56	13	22:55	114	23:21
Abzweig rote Brü	3.00	23:20	7:46	15	10:05	130	10:57	10.00	1:18:57	7:53	13	33:00	120	34:18
Ilseburg/Markt	6.50	33:53	5:12	15	15:12	134	16:07	16.50	1:52:50	6:50	14	47:40	125	50:25