



41. Oster-Ilsetalllauf  
Ilseburg / 30.03.2024

Detailed evaluation

Jack Aulich

Number: 372

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U10 (8-9)

Total time: 8:19

Speed: 7.21 km/h

Running performance: 4:53 min/km

Rank in course/Total: 26 (of 71)

Rank in course/Men: 18 (of 38)

Best time in course: 7:50

Rank in category: 4(of 10)

Best time in the category: 8:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	0.85	3:49	4:29	2	0:20	8	0:43	0.85	3:49	4:29	2	0:20	8	0:43
Ilseburg/Markt	0.85	4:30	5:17	7	0:25	23	0:44	1.70	8:19	4:53	4	0:07	18	0:29