



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Damian Peters

Club: FSV Grün-Weiß-Ilseburg
Number: 441

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Jugend U14 (12-13)

Total time: 7:54

Speed: 7.59 km/h
Running performance: 4:38 min/km

Rank in course/Total: 5 (of 71)

Rank in course/Men: 3 (of 38)

Best time in course: 7:50

Rank in category: 3(of 12)

Best time in the category: 7:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	3:13	3:47	3	0:07	3	0:07	0.85	3:13	3:47	3	0:07	3	0:07
Ilseburg/Markt	0.85	4:41	5:30	10	0:55	28	0:55	1.70	7:54	4:38	3	0:04	3	0:04