



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Peter Fuchs

Club: Laufgruppe Fuchs Halberstadt

Number: 59

Course: 16.50 km

16,5 km - Lauf

Category:

Senioren M55 (55-59) A

Total time: 1:31:55

Speed: 10.44 km/h

Running performance: 5:34 min/km

Rank in course/Total: 86 (of 198)

Rank in course/Men: 72 (of 144)

Best time in course: 1:02:25

Rank in category: 6(of 15)

Best time in the category: 1:21:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Abzweig Tännental	4.00	21:30	5:22	5	2:10	65	6:16	4.00	21:30	5:22	5	2:10	65	6:16
Plessenburg	3.00	25:01	8:20	6	2:37	69	7:59	7.00	46:31	6:38	6	4:13	64	14:15
Abzweig rote Brü	3.00	18:36	6:12	7	2:53	75	6:13	10.00	1:05:07	6:30	6	6:05	67	20:28
Ilseburg/Markt	6.50	26:48	4:07	9	4:45	82	9:02	16.50	1:31:55	5:34	6	10:50	72	29:30