



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Jesse James Löwe

Number: 426

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U12 (10-11)

Total time: 8:19

Speed: 7.21 km/h

Running performance: 4:53 min/km

Rank in course/Total: 28 (of 71)

Rank in course/Men: 18 (of 38)

Best time in course: 7:50

Rank in category: 4(of 8)

Best time in the category: 8:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	3:57	4:38	2	0:12	14	0:51	0.85	3:57	4:38	2	0:12	14	0:51
Ilseburg/Markt	0.85	4:22	5:08	7	0:29	18	0:36	1.70	8:19	4:53	4	0:18	18	0:29