



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Jonathan Becker

Club: SC Altstädten
Number: 377

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U12 (10-11)

Total time: 8:20

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 29 (of 71)

Rank in course/Men: 20 (of 38)

Best time in course: 7:50

Rank in category: 5(of 8)

Best time in the category: 8:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	4:10	4:54	5	0:25	22	1:04	0.85	4:10	4:54	5	0:25	22	1:04
Ilseburg/Markt	0.85	4:10	4:54	4	0:17	9	0:24	1.70	8:20	4:54	5	0:19	20	0:30