



41. Oster-Ilsetalllauf

Ilsenburg / 30.03.2024

Detailed evaluation

Jonas Enrico Bochniak Sanchez

Club: PSV Hildesheim

Number: 382

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U12 (10-11)

Total time: 8:21

Speed: 12.22 km/h

Running performance: 4:54 min/km

Rank in course/Total: 31 (of 71)

Rank in course/Men: 21 (of 38)

Best time in course: 7:50

Rank in category: 6(of 8)

Best time in the category: 8:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	3:59	4:41	3	0:14	16	0:53	0.85	3:59	4:41	3	0:14	16	0:53
Ilsenburg/Markt	0.85	4:22	5:08	7	0:29	18	0:36	1.70	8:21	4:54	6	0:20	21	0:31