



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Moritz Höppner

Club: Grundschule Darlingerode
Number: 416

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Kinder U12 (10-11)

Total time: 8:22

Speed: 7.17 km/h

Running performance: 4:55 min/km

Rank in course/Total: 32 (of 71)

Rank in course/Men: 22 (of 38)

Best time in course: 7:50

Rank in category: 7(of 8)

Best time in the category: 8:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	4:04	4:47	4	0:19	19	0:58	0.85	4:04	4:47	4	0:19	19	0:58
Ilseburg/Markt	0.85	4:18	5:03	6	0:25	14	0:32	1.70	8:22	4:55	7	0:21	22	0:32