



41. Oster-Ilsetalllauf

Ilsenburg / 30.03.2024

Detailed evaluation

Leo Lindenberg

Club: FSV Grün-Weiß Ilsenburg
Number: 425

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U12 (10-11)

Total time: 8:40

Speed: 6.92 km/h
Running performance: 5:05 min/km

Rank in course/Total: 41 (of 71)

Rank in course/Men: 28 (of 38)

Best time in course: 7:50

Rank in category: 8(of 8)

Best time in the category: 8:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	4:36	5:24	8	0:51	30	1:30	0.85	4:36	5:24	8	0:51	30	1:30
Ilsenburg/Markt	0.85	4:04	4:47	3	0:11	6	0:18	1.70	8:40	5:05	8	0:39	28	0:50