



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Merle Marten

Club: NSV Wernigerode
Number: 465

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Jugend U14 (12-13)

Total time: 8:36

Speed: 6.98 km/h
Running performance: 5:03 min/km

Rank in course/Total: 40 (of 71)
Rank in course/Women: 13 (of 33)

Best time in course: 7:51
Rank in category: 4(of 6)
Best time in the category: 7:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	4:34	5:22	5	1:13	15	1:13	0.85	4:34	5:22	5	1:13	15	1:13
Ilseburg/Markt	0.85	4:02	4:44	1	-	6	0:10	1.70	8:36	5:03	4	0:45	13	0:45