



# 41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

## Detailed evaluation

**Oskar Ulrich**

Club: WSV Elbingerode  
Number: 457

Course: 1.70 km  
1,7 km - Nachwuchslauf

Category:  
männliche Jugend U14 (12-13)

Total time: 8:05

Speed: 12.62 km/h  
Running performance: 4:45 min/km

Rank in course/Total: 12 (of 71)

Rank in course/Men: 6 (of 38)

Best time in course: 7:50

Rank in category: 5(of 12)

Best time in the category: 7:50

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	0.85	3:17	3:51	4	0:11	4	0:11	0.85	3:17	3:51	4	0:11	4	0:11
Ilseburg/Markt	0.85	4:48	5:38	12	1:02	31	1:02	1.70	8:05	4:45	5	0:15	6	0:15