



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Lina Schnüchel

Club: Braunschweiger Laufclub
Number: 453

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U10 (8-9)

Total time: 8:19

Speed: 12.26 km/h
Running performance: 4:53 min/km

Rank in course/Total: 27 (of 71)

Rank in course/Women: 9 (of 33)

Best time in course: 7:51

Rank in category: 2(of 12)

Best time in the category: 7:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	4:21	5:07	3	0:32	9	1:00	0.85	4:21	5:07	3	0:32	9	1:00
Ilseburg/Markt	0.85	3:58	4:40	1	-	4	0:06	1.70	8:19	4:53	2	0:24	9	0:28