



41. Oster-Ilsetallauf  
Ilseburg / 30.03.2024

Detailed evaluation

Lotta Ortmann

Number: 440

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

weibliche Kinder U10 (8-9)

Total time: 9:39

Speed: 10.57 km/h

Running performance: 5:40 min/km

Rank in course/Total: 51 (of 71)

Rank in course/Women: 21 (of 33)

Best time in course: 7:51

Rank in category: 6(of 12)

Best time in the category: 7:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	4:42	5:31	5	0:53	19	1:21	0.85	4:42	5:31	5	0:53	19	1:21
Ilseburg/Markt	0.85	4:57	5:49	9	0:59	25	1:05	1.70	9:39	5:40	6	1:44	21	1:48