



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Hanna Rohr

Club: Grundschule Darlingerode
Number: 446

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U10 (8-9)

Total time: 10:13

Speed: 5.87 km/h
Running performance: 6:00 min/km

Rank in course/Total: 60 (of 71)

Rank in course/Women: 28 (of 33)

Best time in course: 7:51

Rank in category: 11(of 12)

Best time in the category: 7:55

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	5:16	6:11	9	1:27	27	1:55	0.85	5:16	6:11	9	1:27	27	1:55
Ilseburg/Markt	0.85	4:57	5:49	9	0:59	25	1:05	1.70	10:13	6:00	11	2:18	28	2:22