



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Magdalena Hartmann

Club: NSV Wernigerode

Number: 400

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

weibliche Kinder U12 (10-11)

Total time: 8:00

Speed: 7.50 km/h

Running performance: 4:42 min/km

Rank in course/Total: 9 (of 71)

Rank in course/Women: 6 (of 33)

Best time in course: 7:51

Rank in category: 2(of 10)

Best time in the category: 7:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	3:53	4:34	1	-	4	0:32	0.85	3:53	4:34	1	-	4	0:32
Ilseburg/Markt	0.85	4:07	4:50	5	0:15	10	0:15	1.70	8:00	4:42	2	0:02	6	0:09