



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Anni Hillerkus

Club: GS Darlingerode
Number: 413

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
weibliche Kinder U12 (10-11)

Total time: 9:24

Speed: 6.38 km/h
Running performance: 5:31 min/km

Rank in course/Total: 48 (of 71)

Rank in course/Women: 19 (of 33)

Best time in course: 7:51

Rank in category: 7(of 10)

Best time in the category: 7:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.85	5:00	5:52	7	1:07	21	1:39	0.85	5:00	5:52	7	1:07	21	1:39
Ilseburg/Markt	0.85	4:24	5:10	6	0:32	15	0:32	1.70	9:24	5:31	7	1:26	19	1:33