



41. Oster-Ilsetalllauf
Ilsenburg / 30.03.2024

Detailed evaluation

Marlene Skupsch

Number: 339

Course: 8.70 km
8,7 km - Lauf

Category:
Frauen (20-29)

Total time: 52:15

Speed: 9.99 km/h

Running performance: 6:00 min/km

Rank in course/Total: 72 (of 124)

Rank in course/Women: 19 (of 55)

Best time in course: 39:08

Rank in category: 6(of 14)

Best time in the category: 39:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Abzweig Tännental | 4.00 | 26:22 | 6:35 | 6 | 7:27 | 22 | 7:27 | 4.00 | 26:22 | 6:35 | 6 | 7:27 | 22 | 7:27 |
| Ilsenburg/Markt | 4.70 | 25:53 | 5:30 | 6 | 5:40 | 15 | 5:40 | 8.70 | 52:15 | 6:00 | 6 | 13:07 | 19 | 13:07 |