



41. Oster-Ilsetalllauf

Ilsenburg / 30.03.2024

Detailed evaluation

Joelle Buck

Club: Rookie 2
Number: 231

Course: 8.70 km
8,7 km - Lauf

Category:
Frauen (20-29)

Total time: 1:08:27

Speed: 7.63 km/h
Running performance: 7:52 min/km

Rank in course/Total: 115 (of 124)

Rank in course/Women: 49 (of 55)

Best time in course: 39:08

Rank in category: 13(of 14)

Best time in the category: 39:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	34:14	8:33	14	15:19	54	15:19	4.00	34:14	8:33	14	15:19	54	15:19
Ilsenburg/Markt	4.70	34:13	7:16	12	14:00	46	14:00	8.70	1:08:27	7:52	13	29:19	49	29:19