



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Maximilian Wiegand

Number: 359

Course: 8.70 km

8,7 km - Lauf

Category:

Männer (20-29)

Total time: 42:15

Speed: 11.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 25 (of 124)

Rank in course/Men: 22 (of 69)

Best time in course: 30:04

Rank in category: 4(of 7)

Best time in the category: 30:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Abzweig Tännental	4.00	21:03	5:15	5	6:35	26	6:35	4.00	21:03	5:15	5	6:35	26	6:35
Ilseburg/Markt	4.70	21:12	4:30	4	5:36	18	5:36	8.70	42:15	4:51	4	12:11	22	12:11