



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Ole Nowag

Club: JV OHRAnge United

Number: 45

Course: 12.50 km

12,5 km - Lauf

Category:

männliche Jugend U16 (14-15) A

Total time: 1:16:29

Speed: 9.41 km/h

Running performance: 6:07 min/km

Rank in course/Total: 39 (of 70)

Rank in course/Men: 32 (of 48)

Best time in course: 48:02

Rank in category: 1(of 2)

Best time in the category: 1:16:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	39:37	6:49	1	-	30	14:34	5.80	39:37	6:49	1	-	30	14:34
Finish	6.70	36:52	5:30	1	-	35	13:53	12.50	1:16:29	6:07	1	-	32	28:27