



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Daniel Kunter

Club: Laufteam Bierfassheber

Number: 35

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M30 (30-34)

Total time: 56:40

Speed: 12.71 km/h

Running performance: 4:31 min/km

Rank in course/Total: 6 (of 70)

Rank in course/Men: 6 (of 48)

Best time in course: 48:02

Rank in category: 1(of 4)

Best time in the category: 56:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	30:33	5:16	1	-	7	5:30	5.80	30:33	5:16	1	-	7	5:30
Finish	6.70	26:07	3:53	3	1:33	8	3:08	12.50	56:40	4:31	1	-	6	8:38