



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Berti Bahner

Club: Steinbach-Hallenberg

Number: 4

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M30 (30-34)

Total time: 56:47

Speed: 12.68 km/h

Running performance: 4:32 min/km

Rank in course/Total: 9 (of 70)

Rank in course/Men: 8 (of 48)

Best time in course: 48:02

Rank in category: 2(of 4)

Best time in the category: 56:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	32:13	5:33	3	1:40	13	7:10	5.80	32:13	5:33	3	1:40	13	7:10
Finish	6.70	24:34	3:39	1	-	2	1:35	12.50	56:47	4:32	2	0:07	8	8:45