



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Peter Seeber

Club: Luisenthaler SV

Number: 54

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M30 (30-34)

Total time: 57:26

Speed: 12.54 km/h

Running performance: 4:35 min/km

Rank in course/Total: 12 (of 70)

Rank in course/Men: 12 (of 48)

Best time in course: 48:02

Rank in category: 3(of 4)

Best time in the category: 56:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	31:48	5:28	2	1:15	11	6:45	5.80	31:48	5:28	2	1:15	11	6:45
Finish	6.70	25:38	3:49	2	1:04	6	2:39	12.50	57:26	4:35	3	0:46	12	9:24