



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Lars Korn

Club: Trailrunning-Crew Thüringen

Number: 60

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M35 (35-39)

Total time: 56:47

Speed: 12.68 km/h

Running performance: 4:32 min/km

Rank in course/Total: 8 (of 70)

Rank in course/Men: 8 (of 48)

Best time in course: 48:02

Rank in category: 1(of 6)

Best time in the category: 56:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	31:01	5:20	1	-	8	5:58	5.80	31:01	5:20	1	-	8	5:58
Finish	6.70	25:46	3:50	1	-	7	2:47	12.50	56:47	4:32	1	-	8	8:45