



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Robert DAUMANN

Club: Osv Kickboxen

Number: 11

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M35 (35-39)

Total time: 1:09:13

Speed: 10.40 km/h

Running performance: 5:32 min/km

Rank in course/Total: 26 (of 70)

Rank in course/Men: 25 (of 48)

Best time in course: 48:02

Rank in category: 5(of 6)

Best time in the category: 56:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	35:41	6:09	4	4:40	22	10:38	5.80	35:41	6:09	4	4:40	22	10:38
Finish	6.70	33:32	5:00	5	7:46	26	10:33	12.50	1:09:13	5:32	5	12:26	25	21:11