



Detailed evaluation

Thomas Marx

Club: SG Eintracht Wendehausen

Number: 40

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M40 (40-44)

Total time: 56:59

Speed: 12.64 km/h

Running performance: 4:33 min/km

Rank in course/Total: 11 (of 70)

Rank in course/Men: 11 (of 48)

Best time in course: 48:02

Rank in category: 2(of 13)

Best time in the category: 48:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	31:22	5:24	2	6:19	9	6:19	5.80	31:22	5:24	2	6:19	9	6:19
Finish	6.70	25:37	3:49	2	2:38	5	2:38	12.50	56:59	4:33	2	8:57	11	8:57