



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Denny Weißbrodt

Club: ESV

Number: 69

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M40 (40-44)

Total time: 1:03:30

Speed: 11.34 km/h

Running performance: 5:04 min/km

Rank in course/Total: 17 (of 70)

Rank in course/Men: 17 (of 48)

Best time in course: 48:02

Rank in category: 3(of 13)

Best time in the category: 48:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	33:26	5:45	3	8:23	16	8:23	5.80	33:26	5:45	3	8:23	16	8:23
Finish	6.70	30:04	4:29	3	7:05	14	7:05	12.50	1:03:30	5:04	3	15:28	17	15:28