



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Denny Weißbrodt

Club: ESV

Number: 69

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M40 (40-44)

Total time: 1:03:30

Speed: 11.34 km/h

Running performance: 5:04 min/km

Rank in course/Total: 17 (of 70)

Rank in course/Men: 17 (of 48)

Best time in course: 48:02

Rank in category: 3(of 13)

Best time in the category: 48:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 5.80 | 33:26 | 5:45 | 3 | 8:23 | 16 | 8:23 | 5.80 | 33:26 | 5:45 | 3 | 8:23 | 16 | 8:23 |
| Finish | 6.70 | 30:04 | 4:29 | 3 | 7:05 | 14 | 7:05 | 12.50 | 1:03:30 | 5:04 | 3 | 15:28 | 17 | 15:28 |