



Detailed evaluation

Carsten Schafft

Club: Die TeigMacher

Number: 48

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M40 (40-44)

Total time: 1:17:58

Speed: 9.23 km/h

Running performance: 6:14 min/km

Rank in course/Total: 44 (of 70)

Rank in course/Men: 35 (of 48)

Best time in course: 48:02

Rank in category: 8(of 13)

Best time in the category: 48:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	41:13	7:06	9	16:10	36	16:10	5.80	41:13	7:06	9	16:10	36	16:10
Finish	6.70	36:45	5:29	8	13:46	34	13:46	12.50	1:17:58	6:14	8	29:56	35	29:56