



Detailed evaluation

Andreas Münch

Club: SV Town & Country Behringen Sonneborn
Number: 42

Course: 12.50 km
12,5 km - Lauf

Category:
Senioren M45 (45-49)

Total time: 56:50

Speed: 12.67 km/h
Running performance: 4:32 min/km

Rank in course/Total: 10 (of 70)

Rank in course/Men: 10 (of 48)

Best time in course: 48:02

Rank in category: 4(of 7)

Best time in the category: 54:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	30:17	5:13	3	1:48	5	5:14	5.80	30:17	5:13	3	1:48	5	5:14
Finish	6.70	26:33	3:57	3	1:16	11	3:34	12.50	56:50	4:32	4	2:13	10	8:48