



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Mark Stollberg

Club: Mittwochslaufgruppe Bad Langensalza
Number: 61

Course: 12.50 km
12,5 km - Lauf

Category:
Senioren M45 (45-49)

Total time: 1:17:14

Speed: 9.32 km/h
Running performance: 6:10 min/km

Rank in course/Total: 41 (of 70)

Rank in course/Men: 34 (of 48)

Best time in course: 48:02

Rank in category: 7(of 7)

Best time in the category: 54:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	40:37	7:00	7	12:08	33	15:34	5.80	40:37	7:00	7	12:08	33	15:34
Finish	6.70	36:37	5:27	7	11:20	33	13:38	12.50	1:17:14	6:10	7	22:37	34	29:12