



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Michael Bergmann

Club: SV Sömmerda e.V.

Number: 6

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M55 (55-59)

Total time: 1:09:17

Speed: 10.39 km/h

Running performance: 5:32 min/km

Rank in course/Total: 27 (of 70)

Rank in course/Men: 26 (of 48)

Best time in course: 48:02

Rank in category: 1(of 4)

Best time in the category: 1:09:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	36:19	6:15	1	-	26	11:16	5.80	36:19	6:15	1	-	26	11:16
Finish	6.70	32:58	4:55	1	-	24	9:59	12.50	1:09:17	5:32	1	-	26	21:15