



Detailed evaluation

Uwe Trümper

Club: Lutter im Eichsfeld

Number: 65

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M60 (60-64)

Total time: 1:27:35

Speed: 8.22 km/h

Running performance: 7:00 min/km

Rank in course/Total: 60 (of 70)

Rank in course/Men: 44 (of 48)

Best time in course: 48:02

Rank in category: 3(of 5)

Best time in the category: 1:14:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	5.80	47:31	8:11	4	8:22	45	22:28	5.80	47:31	8:11	4	8:22	45	22:28
Finish	6.70	40:04	5:58	3	5:01	44	17:05	12.50	1:27:35	7:00	3	13:23	44	39:33