



Detailed evaluation

Jörg Hildebrandt

Club: Laufteam Bierfassheber

Number: 30

Course: 12.50 km

12,5 km - Lauf

Category:

Senioren M60 (60-64)

Total time: 1:29:32

Speed: 8.04 km/h

Running performance: 7:09 min/km

Rank in course/Total: 61 (of 70)

Rank in course/Men: 45 (of 48)

Best time in course: 48:02

Rank in category: 4(of 5)

Best time in the category: 1:14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	5.80	47:23	8:10	3	8:14	44	22:20	5.80	47:23	8:10	3	8:14	44	22:20
Finish	6.70	42:09	6:17	4	7:06	45	19:10	12.50	1:29:32	7:09	4	15:20	45	41:30