



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Lena Großmann

Total time: 1:10:23

Number: 23

Speed: 10.23 km/h

Running performance: 5:37 min/km

Course: 12.50 km

Rank in course/Total: 28 (of 70)

12,5 km - Lauf

Rank in course/Women: 2 (of 22)

Best time in course: 1:08:35

Category:

Rank in category: 1(of 3)

Seniorinnen W30 (30-34)

Best time in the category: 1:10:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	37:33	6:28	1	-	1	-	5.80	37:33	6:28	1	-	1	-
Finish	6.70	32:50	4:54	1	-	2	1:52	12.50	1:10:23	5:37	1	-	2	1:48