



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Nicole Beck

Club: Luisenthaler Rennsemmeln

Number: 5

Course: 12.50 km

12,5 km - Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 1:25:01

Speed: 8.47 km/h

Running performance: 6:48 min/km

Rank in course/Total: 56 (of 70)

Rank in course/Women: 16 (of 22)

Best time in course: 1:08:35

Rank in category: 1(of 1)

Best time in the category: 1:25:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	45:03	7:46	1	-	16	7:30	5.80	45:03	7:46	1	-	16	7:30
Finish	6.70	39:58	5:57	1	-	15	9:00	12.50	1:25:01	6:48	1	-	16	16:26