



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Aileen Selig

Club: Trailrunning-Crew Thüringen

Number: 55

Course: 12.50 km

12,5 km - Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:23:08

Speed: 8.66 km/h

Running performance: 6:39 min/km

Rank in course/Total: 52 (of 70)

Rank in course/Women: 12 (of 22)

Best time in course: 1:08:35

Rank in category: 4(of 7)

Best time in the category: 1:12:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	42:54	7:23	4	3:53	12	5:21	5.80	42:54	7:23	4	3:53	12	5:21
Finish	6.70	40:14	6:00	4	6:39	16	9:16	12.50	1:23:08	6:39	4	10:32	12	14:33