



Detailed evaluation

Steffi Schwede

Club: Die Wandervögel

Number: 52

Course: 12.50 km

12,5 km - Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:33:51

Speed: 7.67 km/h

Running performance: 7:30 min/km

Rank in course/Total: 64 (of 70)

Rank in course/Women: 18 (of 22)

Best time in course: 1:08:35

Rank in category: 6(of 7)

Best time in the category: 1:12:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	50:30	8:42	6	11:29	20	12:57	5.80	50:30	8:42	6	11:29	20	12:57
Finish	6.70	43:21	6:28	5	9:46	17	12:23	12.50	1:33:51	7:30	6	21:15	18	25:16