



Panorama Berglauf

Luisenthal, Freizeitgelände am Sportplatz / 27.07.2024

Detailed evaluation

Sabine Wahrenberg

Club: Laufftreff Breitungen

Number: 68

Course: 12.50 km

12,5 km - Lauf

Category:

Seniorinnen W55 (55-59)

Total time: 1:17:32

Speed: 9.29 km/h

Running performance: 6:12 min/km

Rank in course/Total: 42 (of 70)

Rank in course/Women: 8 (of 22)

Best time in course: 1:08:35

Rank in category: 1(of 3)

Best time in the category: 1:17:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	5.80	42:04	7:15	1	-	11	4:31	5.80	42:04	7:15	1	-	11	4:31
Finish	6.70	35:28	5:17	1	-	6	4:30	12.50	1:17:32	6:12	1	-	8	8:57